

Bachelor of Sport and Exercise Science (Honours) (BSEH) - BSpExHons

QTAC code (Australian and New Zealand applicants): External: 906215; Ipswich campus: 936211

CRICOS code (International applicants): 093264F

	On-campus*^+	External*^+
Start:	Semester 1 (February) Semester 2 (July)	Semester 1 (February) Semester 2 (July)
Campus:	Ipswich	-
Fees:	Commonwealth supported place Domestic full fee paying place International full fee paying place	Commonwealth supported place Domestic full fee paying place International full fee paying place
Residential school:		Ipswich campus (mandatory)
Standard duration:	4 years full-time; 8 years part-time	

Footnotes

- * For all modes there will be on-campus and practical attendance requirements for some courses. In order to successfully complete the program, students must be able to fulfil the practical attendance requirements
- ^ This program is available to international on-campus and external students studying in Australia only. It is not available to international students studying overseas.
- + In accordance with meeting Exercise and Sports Science Australia (ESSA) requirements, courses that include a practical skill competency component and residential school will be conducted at USQ Ipswich.

Contact us

Future Australian and New Zealand students	Future International students	Current students
Ask a question Freecall (within Australia): 1800 269 500 Phone (from outside Australia): +61 7 4631 5315 Email: study@usq.edu.au	Ask a question Phone: +61 7 4631 5543 Email: international@usq.edu.au	Ask a question Freecall (within Australia): 1800 007 252 Phone (from outside Australia): +61 7 4631 2285 Email usq.support@usq.edu.au

Professional accreditation

This program has full accreditation with [Exercise and Sports Science Australia \(ESSA\)](#) at the exercise physiologist level.

Program aims

The Bachelor of Sport and Exercise Science (Honours) (Clinical Exercise Physiology) aims to allow students to develop or extend their knowledge and expertise to meet personal achievement goals or provide for career opportunities within the health, sports and fitness industry such as sports coaches, sports development officers, sports performance directors or a range of other roles. The Bachelor of Sport and Exercise Science (Honours) (Clinical Exercise Physiology) specifically provides for graduates to obtain ESSA qualification as an accredited exercise physiologist.

Program objectives

On completion of the program graduates should be able to:

- (1) Apply proficient levels of discipline knowledge and skills relevant to health, exercise and fitness across the lifespan of an individual.
- (2) Compare and contrast exercise related issues and circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan of an individual.
- (3) Apply highly-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Display evidence-based practice, good communication skills, professional development and research.
- (5) Critically analyse levels of safe, professional and ethical practice displayed in interactions with clients from a range of populations, and a variety of contexts, across the lifespan of an individual.

Australian Qualifications Framework

The Australian Qualifications Framework (AQF) is a single national, comprehensive system of qualifications offered by higher education institutions (including universities), vocational education and training institutions and secondary schools. Each AQF qualification has a set of descriptors which define the type and complexity of knowledge, skills and application of knowledge and skills that a graduate who has been awarded that qualification has attained, and the typical volume of learning associated with that qualification type.

This program is at AQF Qualification Level 08. Graduates at this level will have advanced knowledge and skills for professional or highly skilled work and/or further learning.

The full set of levels criteria and qualification type descriptors can be found by visiting www.aqf.edu.au.

Program Information Set

View USQ's admission criteria, student profiles and a summary of all offers made under [Course Admission Information Set](#) via the QTAC website.

Admission requirements

To be eligible for admission, applicants must satisfy the following requirements:

- Have achieved a minimum Overall Position (OP) **12**, tertiary entrance rank **75** or equivalent qualification.[^]
- English Language Proficiency requirements for Category 3.

Applicants are advised to also address the following:

- [Assumed knowledge](#) expectations: English.

All students are required to satisfy the applicable [English language requirements](#).

If students do not meet the English language requirements they may apply to study a University-approved [English language program](#). On successful completion of the English language program, students may be admitted to an award program.

[^] These are determined by the University for specific programs each Semester. The 2019 OP and tertiary entrance ranks are based on agreed QTAC schedules which assess formal study at Year 12 or [equivalent level](#), tertiary, preparatory, professional or vocational qualifications or work experience, as detailed in the QTAC Assessment of Qualifications Manual and QTAC Assessor Guidelines.

Special admissions may help you get into the program of your choice by increasing your Selection Rank. The additional points don't apply to all applicants or all programs. Please read the information about USQ's [Special Admissions](#) carefully to find out what you may be eligible for.

Requirements for professional experience placements

Practical experience is an inte

International full fee paying place

International students pay full fees. Full fees v

SES3231 Clinical Exercise Physiology for Adult to Middle Age		S2	S2	
SES4102 Clinical Practice Skills 2*		S1	S1	
SES4101 Clinical Exercise Physiology for Mature to Later Years*			S1, S2	
SES4199 Clinical Professional Placement 1			S1	
SES4203 Clinical Exercise Physiology for Special Populations*		S2	S2	
SES4299 Clinical Professional Placement 2			S2	

Footnotes

[SES1299](#), [SES2299](#) and [SES3299](#) add up to complete the 140 hours of professional practice. **Please note all three courses make up 1 unit.**

* The Ipswich on-campus offer will not be available in 2020.

Program completion requirements

Admission into the 4th year of the program is contingent upon students having completed the first 3 years of the Bachelor of Sport and Exercise Science (Honours) as well as maintaining an average Grade Point Average (GPA) of 5.0 in all courses completed across years 1 to 3 of the program. **Please note:** For students who fail to meet these requirements, please refer to the Exit Point section.

To be eligible to graduate, students must have completed 32 courses and met the requirements of the program.

Required time limits

Students have a maximum of 10 years to complete this program.

IT requirements

Students must have reliable access to email and the Internet. Broadband access is required for all courses. For information technology requirements, please see the [minimum computing standards](#).

Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: V = Voluntary; O = Optional; C = Compulsory; R = Recommended; HR = Highly Recommended; M = Mandatory. To find out more about [residential schools](#), visit the [Residential School Schedule](#) to view specific dates for your degree, or visit the [Policy and Procedure Library](#).

For all modes there will be on-campus and practical attendance requirements for some courses. External students are required to attend practical classes in residential schools. In addition to residential schools, placements will require face-to-face attendance on-campus (eg: USQ's Sport and Exercise Clinic at the Ipswich campus) or at agreed external placement sites.

Courses

- [BIO1203 Human Anatomy and Physiology 1](#)
- [BIO1206 Human Anatomy and Physiology 2](#)
- [SES2102 Motor Control and Learning](#)
- [SES2103 Functional Anatomy](#)
- [SES2104 Exercise Physiology](#)
- [SES2201 Health, Exercise and Sport Assessment](#)
- [SES2202 Biomechanics](#)
- [SES2203 Physical Activity and Health](#)
- [SES3206 Strength Training and Conditioning](#)
- [SES3101 Exercise Prescription and Practice](#)
- [SES2205 Exercise Program Delivery](#)
- [SES3130 Clinical Exercise Physiology for Young People](#)
- [SES3202 Clinical Practice Skills 1](#)
- [SES3231 Clinical Exercise Physiology for Adult to Middle Age](#)
- [SES4101 Clinical Exercise Physiology for Mature to Later Years](#)

- [SES4102 Clinical Practice Skills 2](#)
- [SES4203 Clinical Exercise Physiology for Special Populations](#)

Articulation

The Bachelor of Sport and Exercise Science (Honours) (Clinical Exercise Physiology) does not articulate to any other program, however graduates may be interested in applying for the Master of Science (Research) (Sport and Exercise) Applied or Advanced specialisation programs or seek entry into a professional doctorate program.

Related programs

[Bachelor of Sport and Exercise Science](#)

Exit points

The Bachelor of Sport and Exercise Science (Honours) (Clinical Exercise Physiology) will have the following exit points:

Those students who fail to maintain an average Grade Point Average (GPA) of 5.0 in all courses across years 1 to 3 of the program will not be permitted to enrol in the fourth year of the program and will be exited from the degree. Those students will graduate with a [BSES Bachelor of Sport and Exercise Science](#). **Please note:** Students who wish to exit under the Sport and Exercise Science will need to meet the Exercise and Sport Science Australia (ESSA) requirements.

Students who successfully complete 16 approved courses can exit with an [Associate Degree of Sport and Exercise Science](#) (ADSE).

Students who successfully complete 8 approved courses can exit with a [Diploma of Sport and Exercise Science](#)

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	L k*^ ^ j m rp %LK@%		Buqbok^i %BUQ%		L kifkb %LKI%			
	Vb^o	Pb j	Vb^o	Pb j	Vb^o	Pb j		
								BSCI (13815 Psychology) or BSCI (17582 Psychology Extended) or BPSB or BSEH
SES4102 Clinical Practice Skills 2 *	5	1	5	1			M	Pre-requisite: SES3202 and SES3231 and Students must be enrolled in the following Program: BSEH
SES4199 Clinical Professional Placement 1			5	1				Pre-requisite: SES3202 and SES3299 and Students must be enrolled in the following Program: BSEH

Footnotes

- ^ [BIO1203](#) available on-campus in Toowoomba and Ipswich. For the Ipswich offer, course lectures are held at Ipswich and course laboratories are held at Springfield.
- # [SES1299](#), [SES2299](#) and [SES3299](#) add up to complete the 140 hours of professional practice. **Please note all three courses make up 1 unit.** Students must complete the professional placement requirements by the end of each year of study to progress to the next year unless approved otherwise.
- ‡ [SES1299](#) and [SES3299](#) placement may occur in S1 and S2. [SES4199](#) will only occur in S1. [SES2299](#) and [SES4299](#) placement will only occur in S2.
- + The on-campus offering of this course is only available at the Ipswich campus.
- * The Ipswich on-campus offer will not be available in 2020.